|  |  |
| --- | --- |
| Name | Einwohner |
| Nordenham | 26.230 |
| Nordhorn | 53.278 |
| Northeim | 29.040 |
| Oldenburg (Oldenburg) | 167.081 |
| Osnabrück | 164.374 |
| Osterholz-Scharmbeck | 30.329 |
| Osterode am Harz | 21.839 |
| Papenburg | 37.030 |
| Peine | 49.901 |
| Quakenbrück | 13.090 |
| Rinteln | 25.596 |
| Rotenburg (Wümme) | 21.694 |
| Salzgitter | 104.548 |
| Schortens | 20.451 |
| Soltau | 21.257 |
| Stade | 47.330 |
| Stadthagen | 22.158 |
| Sulingen | 12.760 |
| Syke | 24.346 |
| Uelzen | 33.673 |
| Varel | 23.925 |
| Vechta | 32.201 |
| Verden (Aller) | 27.747 |
| Walsrode | 23.089 |
| Weener | 15.578 |
| Westerstede | 22.540 |
| Wildeshausen | 19.751 |
| Wilhelmshaven | 76.316 |
| Winsen (Luhe) | 34.635 |
| Wittmund | 20.363 |
| Wolfenbüttel | 52.357 |
| Wolfsburg | 123.914 |

|  |  |
| --- | --- |
| Name | Einwohner |
| Achim | 31.834 |
| Aurich | 41.854 |
| Bad Bentheim | 15.418 |
| Bad Pyrmont | 19.067 |
| Bergen | 13.030 |
| Brake (Unterweser) | 15.111 |
| Bramsche | 30.992 |
| Braunschweig | 248.023 |
| Bremervörde | 18.623 |
| Buchholz in der Nordheide | 39.042 |
| Bückeburg | 19.324 |
| Burgdorf | 30.482 |
| Buxtehude | 39.782 |
| Celle | 69.706 |
| Cloppenburg | 34.581 |
| Cuxhaven | 48.470 |
| Dannenberg | 8.330 |
| Delmenhorst | 77.521 |
| Diepholz | 16.661 |
| Emden | 50.607 |
| Fallingbostel | 11.410 |
| Friesoythe | 22.288 |
| Geestland (Langen - Bad Bederkesa) | 30.873 |
| Gifhorn | 42.239 |
| Goslar | 51.128 |
| Göttingen | 119.529 |
| Hameln | 57.228 |
| Hannover | 535.061 |
| Helmstedt | 23.250 |
| Hildesheim | 101.744 |
| Holzminden | 20.132 |
| Jever | 14.200 |
| Leer (Ostfriesland) | 34.226 |
| Lingen (Ems) | 54.117 |
| Lüneburg | 75.192 |
| Lüchow | 9.214 |
| Melle | 46.451 |
| Meppen | 35.267 |
| Nienburg (Weser) | 31.602 |
| Norden | 25.056 |